

Crave N Rave  
Pizza Flavored Lentils

# Nutrition Facts

1 servings per container

**Serving size** 1 bag (35g)

**Amount Per Serving**

**Calories** **160**

**% Daily Value\***

**Total Fat** 7g **9%**

Saturated Fat 1g **5%**

*Trans* Fat 0g

**Cholesterol** 0mg **0%**

**Sodium** 200mg **9%**

**Total Carbohydrate** 19g **7%**

Dietary Fiber 7g **25%**

Total Sugars 1g

Includes 0g Added Sugars **0%**

**Protein** 7g

Vitamin D 0mcg **0%**

Calcium 40mg **2%**

Iron 2.3mg **15%**

Potassium 300mg **6%**

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.